



# A Checklist of Questions to Ask When Choosing A Cosmetic Treatments Doctor

Hello, beautiful! We hope this list of questions can guide you in finding someone who will prioritize your safety, value your opinion, listen to your concerns, and makes you feel more empowered about how you look and feel!

## 1. DOCTOR/NURSE CREDENTIALS

- Does your cosmetic treatment doctor have the credentials to perform aesthetic procedures?
- Does the nurse work with a prescriber such as a Nurse Practitioner or Medical Doctor?
- Is the doctor/nurse continually upgrading their training and learning?
- Are they accredited with any professional associations?
- Do they have any other professional experience that might augment their skills?

## 2. EXPERIENCE IN THE PROCEDURE YOU WANT

- How many times/ how often has your cosmetic treatment doctor or nurse performed this procedure?
- Are they keeping up with the latest science for this particular procedure?
- Are they able to provide you with references or other patients who have had procedures?

## 3. DOCTOR'S AESTHETIC

- Do the results for the procedures performed by the doctor or nurse align with what you would want personally?
- Are their results consistent from patient to patient?
- Do they have before and after pictures they can show you?

## 4. CONNECTION WITH THE DOCTOR/NURSE

- Does spending time with this doctor or nurse come naturally or is the relationship forced?
- Do you trust them to give you the right medical advice?
- Do you feel comfortable asking any questions that you might have throughout the process?
- Do you feel comfortable disclosing all your medical information to this person?



## 5. SAFETY & THE TREATMENT ROOM

- Is the facility clean?
- Is it a comfortable place where you feel safe?
- Do they have an emergency protocol in place?
- Do they use a safety checklist?
- Will you have access to the doctor or nurse in case you have questions, concerns, or medical emergencies/issues?
- Did the doctor or nurse explain the risks and realities of your treatment?
- Will you receive clear post-procedure instructions?
- Are follow-ups included?

## 6. OFFICE STAFF & CUSTOMER SERVICE

- Is the staff friendly and helpful?
- Do they communicate clearly with you?
- Did you get helpful materials that prepared you for what you might expect in the treatment and post-treatment?
- Are the fees clearly stated before you start your treatments?
- Do you have a treatment plan that you can refer back to and update over time?
- Did they answer all your questions in a reasonable time?

*Ask Dr. Suess any of these questions and more! Reach out for a free 15-minute consultation today.*

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